



Educational Workshops

Interactive drumming, dance & world music workshops for schools & universities



Inspire



Motivate



Educate



A unique learning experience through rhythm and play

www.beatfeetdrumming.co.uk



About BeatFeet

BeatFeet brings the joy of drumming and dance to children of all ages and abilities, from Foundation to Key Stage 5. We firmly believe in the power of music to inspire, educate and motivate young minds. Through our fun, structured workshops, we use rhythm and movement to bring new worlds and different cultures vividly to life.

The benefits of collectively making music are well known and our activities complement the National Curriculum, as well as being SEN supportive. We take children on a collaborative journey, boosting confidence and self-esteem, forging bonds and encouraging even the most shy, reluctant pupils to relax and lose their inhibitions. It's a hugely positive experience and it's great fun too!

Our workshops engage classes and invigorate curriculums. In fact, a whole school's atmosphere changes when children take part in a BeatFeet drumming or dance workshop. Their knowledge is enriched as they discover just how vibrant other traditions and cultures can be, exploring new languages and customs as well as music and dance.

Our workshops are, for most children, an introduction to the exciting genre of world music and we hope that for many they're just the beginning of a lifelong passion for music in all its many and varied forms.

Workshops for Teachers

Energising. Educational. Team building.

If your school has an INSET day coming up or you're hosting a conference/event on site, BeatFeet can create a fun, energising atmosphere either as an ice-breaker, or as part of a session. Contact us to find out more.



Jude Winwood

BSc, PGCE, MMus
Founder and Director of BeatFeet

BeatFeet was founded by Jude Winwood, a qualified teacher with a Masters in Ethnomusicology and Performance from The University of Central London (SOAS). Jude has worked extensively in Africa, the Caribbean, the Indian Ocean and Europe, gaining a deep love of world music and in particular West African drumming. She has over 10 years' experience of running interactive workshops for communities, schools, universities and businesses. Her enthusiasm for the restorative effects of making music and the many benefits it can have for society is infectious. It's no exaggeration to say that Jude has rhythm coursing through her veins!

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Indonesian gamelan

Children learn to play a traditional Indonesian Gamelan piece and recognise cyclic patterns in the music

Your pupils can be a part of their own beautiful Indonesian percussion orchestra called gamelan, and can enjoy its wonderful sounds through using our 30 player Balinese or Javanese gamelan instruments. Each practical and creative workshop, delivered by the expert facilitator, offers insight into vibrant and colourful Indonesian culture. Pupils will learn about the instruments, structure of Indonesian music and playing techniques. It is very much a rewarding musical and social activity and often inspires self-confidence, improved co-ordination and enhanced listening skills among participants.

By the end of the workshop pupils will be able to play a short piece of Javanese or Balinese music that could be used in a performance.

Gamelan is a central aspect of music education and features within GCSE Music curriculum. No previous musical experience is necessary for taking part, just a willingness to take off your shoes and have fun!

SUGGESTED TIMINGS FOR WORKSHOPS

Key Stage 1	45 minutes per workshop
Key Stage 2	1 hour per per workshop
Key Stage 3	1 hour per workshop
Key Stages 4 & 5	1 hour 30 minutes per workshop

SUITABLE FOR:

- Key Stages 1-5
- SEN

PUPILS WILL:

- develop the ability to work as part of an ensemble
- learn a traditional piece of gamelan music
- discover the links between dance and music
- experience using non-western tonal pitch and temperament
- mimic Indonesian learning techniques like mnemonics and pulse

HOW MUCH SPACE WILL WE NEED?

- a medium-sized hall with easy access for our gamelan instruments



Play together as a class and experience the joy of gamelan

West African drumming

A dynamic, energetic workshop that guarantees plenty of participation and enjoyment

Turn your class into a West African drumming troupe. Soon they'll be expertly playing the djembe and exploring the rich and varied sounds that can be made on this most iconic of African drums.

Choose between full or half-day sessions, where our experienced instructors will lead your class through rhythm-play activities, teaching the pupils a traditional West African piece of music as well as a song to go along with it. The technique for playing the djembe drum is easy to pick up and the results are incredible. You and your class will be amazed at what they achieve in such a short space of time!

To build on your pupils' experience, you can also add on one of our African dance workshops, run by a qualified teacher. Find out more on page 5.

SUGGESTED TIMINGS FOR WORKSHOPS

Foundation Stage & Key Stage 1	45 minutes per workshop
Key Stage 2	1 hour per per workshop
Key Stage 3	1 hour per workshop
Key Stages 4 & 5	1 hour 30 minutes per workshop

SUITABLE FOR:

- Foundation Stage – Key Stage 5
- SEN

PUPILS WILL:

- develop team-work and leadership skills by playing as part of an ensemble
- learn to copy and create their own rhythms
- develop confidence through their musical achievements
- develop communication and social skills
- learn about Brazilian culture and history
- learn traditional West African pieces of music using djembes
- experience learning a simple song in another language

HOW MUCH SPACE WILL WE NEED?

- a hall or classroom with enough space for pupils and participating teachers or teaching assistants (maximum 35 people)



Drumming together as a whole class encourages team work and deepens friendships

West African dance

A lively workshop encouraging pupils to respond to, create and perform this exhilarating style of dance

This workshop gives your class a fascinating insight into West African culture. Our specialist instructor not only takes pupils through the energetic dance moves, but also explains the cultural significance and meaning behind the dances.

They learn about the symbolism of each move, from washing clothes to thanking the earth for the food it provides, and gain an understanding of the important part that dance plays within West African society.

Our dance workshops can be stand-alone sessions or they can lead up to a spectacular performance in front of the rest of the school. You might also like to combine this workshop with our West African drumming session, on the opposite page, for an energising, educational all-round experience.

So everyone can really move around freely, loose, comfortable clothes and bare feet are best for this workshop.

SUGGESTED TIMINGS FOR WORKSHOPS

SUITABLE FOR:

- Key Stages 1-5
- SEN

Key Stage 1

45 minutes per workshop

Key Stage 2

1 hour per per workshop

Key Stage 3

1 hour per workshop

Key Stages 4 & 5

1 hour 30 minutes per workshop

PUPILS WILL:

- develop the ability to work as a team
- develop rhythmic skills
- develop communication and social skills through participating and performing
- learn the cultural context of West African dance
- learn a piece of dance using body movements inspired by traditional West African dance

HOW MUCH SPACE WILL WE NEED?

- a hall or classroom with enough space for pupils and participating teachers or teaching assistants (maximum 35 people)



An energising dance style to get your class moving!

Samba drumming

Invite the samba sounds of Rio into your school with live drumming for real carnival excitement and inspiration

There aren't many more exciting musical experiences than recreating the colourful sounds and rhythms of the Rio Carnival. In this lively workshop, each member of your class plays a traditional instrument. Led by their instructor, pupils gradually build towards a propulsive samba beat. As they grow in confidence, they're encouraged to improvise layers on top of the groove, creating a genuinely thrilling sound.

To add extra depth to the session, the class is also taught a traditional song in Portuguese to demonstrate how words and rhythms can intertwine.

For a fully rounded carnival experience, our Brazilian samba dance workshop offers an ideal accompaniment to the drumming session.

SUGGESTED TIMINGS FOR WORKSHOPS

Key Stage 1	45 minutes per workshop
Key Stage 2	1 hour per per workshop
Key Stage 3	1 hour per workshop
Key Stages 4 & 5	1 hour 30 minutes per workshop

SUITABLE FOR:

- Key Stages 1-5
- SEN

PUPILS WILL:

- develop team-work and leadership skills by playing as part of an ensemble
- learn to copy and create their own rhythms
- develop confidence through their musical achievements
- develop communication and social skills
- learn about Brazilian culture and history
- learn a traditional Brazilian piece of music using samba percussion instruments
- experience learning a simple song in another language

HOW MUCH SPACE WILL WE NEED?

- a hall or classroom with enough space for pupils and participating teachers or teaching assistants (maximum 35 people)



Experience Rio carnival in your own school

Brazilian samba dance

Exciting carnival dances that explode with colour and energy

Turn your classroom into an escola de samba (samba school) with our vibrant samba dance workshop. Not only do pupils learn authentic dance moves, but they're also taught about the diverse cultural heritage of Brazil.

Together, we explore how African, European and indigenous influences come together to create the rich, exotic mix of music and dance which is the heartbeat of the world-famous Rio Carnival.

The dance is accompanied by fast-paced music, provided by drums and a mixture of other percussion instruments. The energetic nature of samba dance make this workshop both great fun and an excellent form of exercise. Even children who don't enjoy PE and sports soon find themselves dancing to the samba beat.

Because this is a lively, physical workshop, everyone will need loose, comfortable clothes and trainers or plimsolls.

Why not add a live samba drumming workshop for the full carnival experience. See the opposite page for details.

SUGGESTED TIMINGS FOR WORKSHOPS

SUITABLE FOR:

- Key Stages 1-5
- SEN

Key Stage 1

45 minutes per workshop

Key Stage 2

1 hour per per workshop

Key Stage 3

1 hour per workshop

Key Stages 4 & 5

1 hour 30 minutes per workshop

PUPILS WILL:

- discover the joys of dancing to samba drumming
- copy and create a piece of dance using classic Brazilian samba movements
- develop spatial awareness and communication skills
- create a performance piece which could be performed to the rest of the school or parents

HOW MUCH SPACE WILL WE NEED?

- a hall or classroom with enough space for pupils and participating teachers or teaching assistants (maximum 35 people)



Your pupils will love dancing to the samba beat!

Indian dhol drumming

Bring the heartbeat of the Punjab into your school

Our dhol drumming workshops introduce your class to the intoxicating sounds of the Punjab and bhangra music. Our expert instructors not only teach pupils drumming techniques, but also show them how drumming is an integral part of Indian culture.

To accompany the music, everyone learns a simple song and it's not long before the classroom is reverberating with the infectious beats and rhythms of Northern India. Be warned though, this workshop is loud!

For the complete bhangra experience, you can also choose to combine this session with our Indian bhangra dance workshop. See opposite page for details.

SUGGESTED TIMINGS FOR WORKSHOPS

Key Stage 1	45 minutes per workshop
Key Stage 2	1 hour per per workshop
Key Stage 3	1 hour per workshop
Key Stages 4 & 5	1 hour 30 minutes per workshop

SUITABLE FOR:

- Key Stages 1-5
- SEN

PUPILS WILL:

- learn traditional rhythmic patterns on Indian instruments
- develop an understanding of the dhol drum's cultural relevance
- learn proper playing technique
- develop listening skills
- develop the skills they need to work as part of an ensemble
- experience learning a simple song in a foreign language
- develop confidence in performing new skills for their peers or parents (optional)

HOW MUCH SPACE WILL WE NEED?

- a hall or classroom with enough space for pupils and participating teachers or teaching assistants (maximum 35 people)



This workshop is NOISY!

Raise your pupils' energy with the mighty dhol drum!

Indian bhangra dance

Each dance step tells part of a story and we encourage all pupils and staff to take part in this fun and exciting dance

Originally a traditional folk dance to celebrate the arrival of spring, bhangra dance is now an intrinsic part of Indian culture and is particularly popular during Diwali celebrations.

In this workshop, pupils are taught traditional high-energy bhangra dance moves and sequences, learning how the dances tell entertaining stories. The facilitator shows everyone how to coordinate their movements to keep in time with the rest of the group, as well as helping pupils to practise simple steps using a timbre or drum.

Because this is a lively, physical session, everyone will need loose, comfortable clothes and trainers or plimsolls.

Workshops can be run together with our bhangra drumming sessions, detailed on the opposite page, for a lively cultural experience.

SUGGESTED TIMINGS FOR WORKSHOPS

SUITABLE FOR:

- Key Stages 1-5
- SEN

PUPILS WILL:

- learn traditional dances from Indian culture
- learn simple songs to accompany their dance steps
- develop an understanding of the importance of bhangra dance within Indian culture
- experience dancing as part of a team
- develop communication and social skills through learning and performing

HOW MUCH SPACE WILL WE NEED?

- a hall or classroom with enough space for pupils and participating teachers or teaching assistants (maximum 35 people)

Key Stage 1

45 minutes per workshop

Key Stage 2

1 hour per per workshop

Key Stage 3

1 hour per workshop

Key Stages 4 & 5

1 hour 30 minutes per workshop



With elegance and flow your pupils will learn to move to bhangra grooves!

Junk percussion

Encourage your budding eco-warriors to find their inner junk-drummer!

Most people's first experience of drumming and rhythm is banging on the nearest available object as a small child. Although it's not part of the world music genre, for hundreds of years and throughout every culture, fantastic music has been made by adapting and playing discarded everyday objects. We call it junk percussion!

This workshop is fantastic fun, showing your class how old pots and pans, buckets and brushes can be recycled, repurposed and transformed into amazing instruments. Our experienced instructors encourage everyone to use their imaginations, find their inner rhythm and learn simple songs to accompany the music they play.

SUGGESTED TIMINGS FOR WORKSHOPS

Foundation Stage & Key Stage 1	45 minutes per workshop
Key Stage 2	1 hour per workshop
Key Stage 3	1 hour per workshop
Key Stages 4 & 5	1 hour 30 minutes per workshop

SUITABLE FOR:

- Foundation Stage – Key Stage 5
- SEN



Create upbeat sounds and rhythms from everyday junk!

PUPILS WILL:

- learn how popular junk percussion performers make music
- learn simple songs to accompany junk drumming
- learn to play as part of an ensemble
- contribute to the creation of a piece of junk drumming music
- develop their awareness of recycling and associated environmental issues

HOW MUCH SPACE WILL WE NEED?

- a hall or classroom with enough space for pupils and participating teachers or teaching assistants (maximum 35 people)

Early Years & Foundation Stage/ Pre-schools:

Jumping djembes!

Exciting rhythmic drumming for little ones

This is a fantastic session specifically aimed at younger children and a marvellous way for families and carers to interact with their little ones. Using djembe drums and hand-held percussion instruments, everyone is soon caught up in creating the sounds and music of West Africa. Our EYFS-qualified instructors use soft toy animals to bring the stories told by the music to life. To round off a thoroughly enjoyable experience, the children are taught simple songs.



- suitable for 0-5 year olds (families/carers)
- maximum number of participants: 30
- suggested length of session: 30-45 minutes
- requires a hall or large teaching space

CHILDREN WILL:

- develop their communication and social skills
- develop their listening skills
- learn to play as part of a group
- learn simple songs in different languages

Samba party!

Feel the beat in your feet!

BeatFeet brings you a taste of the famous Rio Carnival with our samba party. This fabulous, fun workshop is a great way to introduce children to the joys of making music. Using big bass drums, crashing marching drums and loads of handheld instruments, the children and their families/carers create a carnival atmosphere, dancing and singing along to samba rhythms and Latin flavoured beats.



- suitable for 3-5 year olds (plus families/carers)
- maximum number of participants: 30
- suggested length of session: 30-45 minutes
- requires a hall or large teaching space

CHILDREN WILL:

- develop their communication and social skills
- develop their listening skills
- learn to play as part of a group
- learn simple songs in different languages



“ Thank you for such an energetic and inspiring workshop. You led the group of children through a magical musical experience.

Kate Middleton,
Duchess of Cambridge



“ Our children were intrigued by the instruments. The facilitator interacted so well with the whole group and made learning fun and creative. This was far better than anything we could have done ourselves.

Richard Cross CofE Primary School, Burton-on-Trent



Contact BeatFeet today to book a workshop:

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✉ info@beatfeetdrumming.co.uk

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